



JEAN

Rune sweater

Robust men's sweater in Icelandic wool

The rune sweater is knitted in the round. You start at the bottom and knit the body in one piece. Then you make the sleeves. For the yoke, you put all the stitches on a long cable. You raise the back piece with a number of shortened needles that continue into the sleeves. Then you start on the rune motif. For this you use the fair isle technique. You take the threads behind the work, without crossing them.

Pure sheep wool

Lopi yarns come from Iceland. The wool is made from the fleece of Icelandic sheep, a unique breed of sheep that has never been mixed with other breeds. The wool of this sheep is fully adapted to the Icelandic climate and is known for its insulating properties. It is a strong, sturdy thread that feels a bit stiff at first. But through knitting and wearing, the wool becomes softer and more supple.



Warm and water-repellent

The fleece of the Icelandic sheep consists of two layers, each with a different type of wool. The water-resistant outer layer has long shiny fibers, while the fine and soft inner fibers are exceptionally good at insulating. The yarn is therefore very warm, strong and water-repellent.

Natural and environmentally friendly

The production process is carried out as environmentally friendly as possible. Only natural energy sources are used, such as geothermal energy and hydropower. During the washing of the wool, the use of chemicals is kept to a minimum to preserve the natural oils. This keeps the wool warm, light and water-repellent.



More Lettlopi at Micca

With Lettlopi you can knit breathable, warm winter clothing, such as the leg warmers and gloves for Jeanne, the coat for Martine and this rune sweater for Jean. The sweater would have come in handy during the 47 days Jean had to spend on the cold prison floor.

DIMENSIONS

There are 3 sizes: Small (Medium) and Large.
Hans in the photo is wearing a Medium.



Chest: 98 (108) 118 cm
Body length to armpit: 43 (45) 46 cm
Arm length to armpit: 50 (52) 53 cm

YARN

Lettlopi from Istex
100% wool
50 g = 100 m

0059 Black 450 (450) 500 g
1409 Garnet red 50 (50) 100 g

TECHNIQUES

Stockinette stitch
Rib K1/P1
Fair isle
German short rows

NEEDLES

Circular knitting needles 3.5 and 4.5
Different cable lengths

KNITTING GAUGE

16 sts x 24 rows in stockinette stitch in the round with needles 4.5 = 10 cm
(CHECK YOUR KNITTING GAUGE and use a different needle size if necessary)

DIFFICULTY



RUNE MOTIF

Begin the chart with the first stitch after the stitch marker.

Repeat the motif of 16 stitches (inside the blue lines).

Decrease at the indicated location:

- ssk: slip slip knit, slip two stitches and knit together, stitch leans to the left
- k2tog: knit two together, stitch leans to the right

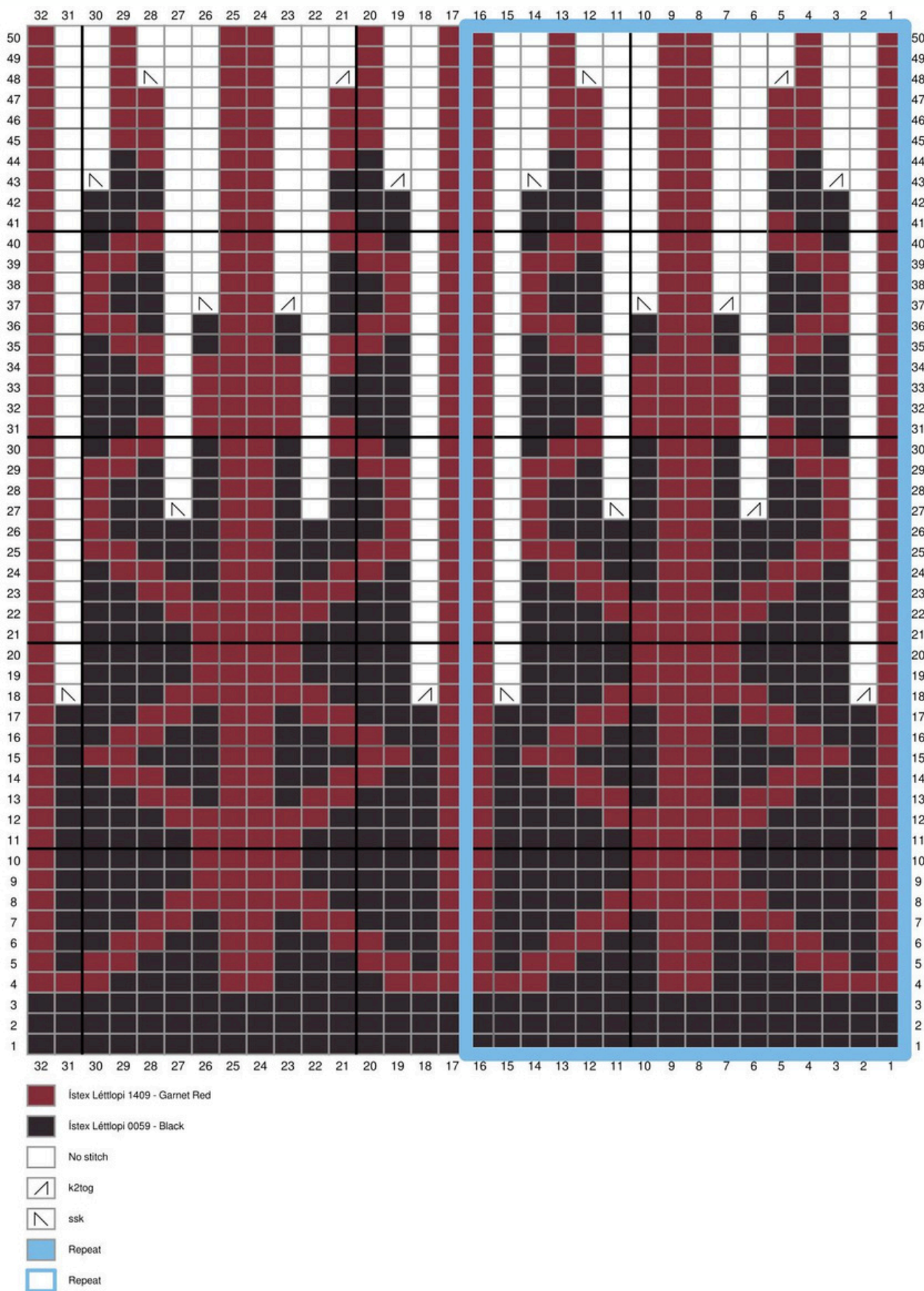
TIP

Print the chart and follow the pattern with a ruler. Always place the ruler just above the row you are going to knit. This way you have a good view of what you have already knitted.

Adjustments height of the round yoke according to your size

- For size Large, knit all 50 rows of the chart.
- For size Medium, skip rows 1 and 2. You will knit a total of 48 rows.
- For size Small, skip rows 1, 2 and 3. You will knit a total of 47 rows.





METHOD



1

DESIGN

Take your 3.5mm circular needles and cast on 158 (174) 190 stitches. Place a marker at the beginning of the row and check for twists. Knit 4cm rib K1/P1.

TIP

Cast on 1 extra stitch and pass that stitch over the first stitch when closing the cast on round. This prevents a jump. You can find many videos about this on the internet (search for jogless cast on).

2

BODY

Continue knitting with circular needles 4.5 in stocking until the body measures 43 (45) 46 cm. Of course you can make the sweater a bit longer or shorter. The easiest way is to take the measurements of a well-fitting sweater.

On the next row, cast off 8 (10) 12 stitches for the armholes. You can also put the stitches on a stitch holder. Work as follows: knit to 4 (5) 6 stitches before the stitch marker. Cast off 8 (10) 12 stitches and remove the stitch marker. Knit 71 (77) 83 stitches. Cast off 8 (10) 12 stitches. Knit 71 (77) 83 stitches to the first armhole.

There are 142 (154) 166 stitches on the needle. Do not tie off. Let the stitches rest and start on the sleeves.



3

SLEEVES

Cast on 38 (42) 46 stitches with circular needles 3.5 (see tip at 1). Place a marker at the beginning of the row and check for twist in your work. Knit 4 cm rib K1/P1.

Continue knitting with circular needles 4.5 in stocking stitch. At the same time increase:

- 5 stitches evenly spaced on the first needle. You have 43 (47) 51 stitches.
- 11 x 2 stitches in every 9th row on either side of the stitch marker. To do this, knit 1 stitch, inc 1 stitch, knit to 1 stitch before the marker, inc 1 stitch.

You will end with 65 (69) 73 stitches on 50 (52) 53 cm.

On the next row, cast off 8 (10) 12 stitches for the armholes. Alternatively, place the stitches on a stitch holder. Work as follows: knit to 4 (5) 6 stitches before the stitch marker. Cast off 8 (10) 12 stitches. Remove the stitch marker. Continue knitting to the cast off sts and tie off. There are 57 (59) 61 stitches on the needle. Let the stitches rest. Knit the second sleeve in the same way.





YOKE

While knitting, cast on the sleeve stitches on the same cable as the body. The cast off stitches for the armholes should lie right sides together. Place a stitch marker at the beginning of the needle, just before the right sleeve. There are 256 (272) 288 stitches on the needle:

- sleeve 57 (59) 61 stitches
- back piece 71 (77) 83 stitches
- sleeve 57 (59) 61 stitches
- front piece (71 (77) 83 stitches

Knit to the center of the back. Place a stitch marker around the center stitch, which is stitch 35 (38) 41. From the center of the back, knit 4 (5) 6 sets of short rows (German shorts rows).

- Size Small: Knit short rows over 50, 44, 38 and 32 stitches
- Size Medium: work short rows over 53, 48, 43, 38 and 33 stitches
- Size Large: work short rows over 56, 51, 46, 42, 38 and 34 stitches

Knit to stitch marker and begin chart.

- For size Large, knit all 50 rows of the chart and repeat the 16-stitch motif 16 times.
- For size Medium, skip rows 1 and 2. You will knit a total of 48 rows and repeat the 16-stitch motif 17 times.
- For size Small, skip rows 1, 2 and 3. You will knit a total of 47 rows and knit the 16-stitch motif 18 times.

After the end of the chart and the indicated decreases, there are 96 (102) 108 stitches on the needle. Knit 1 row of stockinette with red, in which you decrease 20 (22) 24 stitches evenly distributed. You have 76 (80) 84 stitches on the needle.

Knit 4 cm rib stitch K1/P1 with circular needles 3.5. Cast off the stitches smoothly.

TIP

For binding off, use needles 4.5. This will keep the binding edge elastic.

5

FINISH

Weave in all the ends.

Carefully join the cast off stitches for the armholes together. Do this along the outside. This way you can see the effect better. (You can choose not to cast off the stitches, but to put them on a thread at step 2 and 3.) Also gently sew the holes on the side of the armpit seam together.

Soak the sweater for half an hour in lukewarm water with a dash of Eucalan to relax the stitches. Gently squeeze the water out between two towels without wringing or spin the wet sweater in the spin dryer. Lay the sweater in the correct shape on a fresh towel and let it dry flat.



RUNES



Ancient symbols

Runes are written characters that were used by Germanic peoples from the first centuries of the Common Era onwards. The different runic alphabets are known as futhark, named after the first six characters of the alphabet. They were used to write Germanic languages and have been found on stones, weapons, jewellery and everyday objects.

Runes did not have a purely practical function. Historical and archaeological sources show that some inscriptions may also have had a ritual or magical meaning. However, we cannot simply assign a fixed magical power or divinatory meaning to each individual rune. Many of the meanings associated with individual runes today belong to much later traditions. Bind runes are also historically documented. Two or more runic characters are combined to form a single symbol. Sometimes this was done for practical reasons, but there are also examples for which a symbolic or ritual purpose has been suggested.

A tribute to Jean

For the Jean Rune Sweater, I created my own bind runes. I combined symbols to which I gave the meaning of courage, strength and protection. This meaning is my personal interpretation and has no historical connection to Jean.

Jean Cauchie, known as Brandon, was 66 years old when he was accused of witchcraft. He spent 47 days in prison in Mons. He was then sentenced to corde et feu and executed in Enghien on 30 September 1611. The runes could not protect Jean. Four centuries later, neither can I. But in this sweater, I can symbolically surround him with what I would have wished for him during those 47 days: courage, strength and protection.

A tribute to the victims

MICCA is a collection of textile designs created in remembrance of the victims of the historical witch persecutions. Each design bears the name of a woman or man who was accused of witchcraft. In Europe alone, an estimated 40,000 to 60,000 people were executed for witchcraft.

Threads of love

MICCA weaves their history into timeless creations made from yarn. Every stitch is part of the chain that connects us across generations.

You can find my designs on Ravelry under Micca-witchcraft or on my website www.micca-witchcraft.be. There you can also discover the stories behind the designs and download my e-book, in which I present the cruel reality of the witch persecutions in an original way.



Colophon

Design, photographs and text by Mieke Van Damme, vandammemieke@proximus.be
All patterns are protected by copyright and are intended for personal, non-commercial use only. This pattern is free. The pattern may not be resold, but you are welcome to share it with others. A reference to my website www.micca-witchcraft.be is always greatly appreciated. Enjoy knitting!

website www.micca-witchcraft.be

instagram [miekemicca](https://www.instagram.com/miekemicca)

facebook [miccawitchcraft](https://www.facebook.com/miccawitchcraft)

ravelry [micca-witchcraft](https://www.ravelry.com/people/micca-witchcraft)